



unitar

United Nations Institute for Training and Research

Unitar Online Catalogue

Training of Trainers - eLearning Course



 : 22 12 2025

	:	Course
	:	Web-based
	:	16 12 2025 to 31 12 2025
	:	15 Hours
	:	Other
	:	https://learningsolutions.unitar.org
	:	US\$500.00
	email:	learning.solutions@unitar.org



In today's constantly evolving world, the ability to design and deliver high-quality training events is a crucial skill for professionals in all sectors. This course will equip you with the tools and knowledge necessary to create and implement training events that deliver concrete results for your target audience. You will gain a deep understanding of UNITAR's unique approach to training design, which is grounded in principles of adult learning theory and the Sustainable Development Goals (SDGs).



The course will give you practical insight into:

- **Design** impactful training through applying key learning principles.
- **Assess** audience behaviours, needs, and preferences.
- **Develop** training content that addresses the learning objectives.
- **Facilitate** training sessions effectively.
- **Evaluate** training by assessing reactions, learning, application outcomes, and impact results.
- **Mainstream gender and inclusion** in the training cycle.



Module 1 - Learning Principles: Training definition and role of a trainer. Adult learning principles. Cognitive load. Adult-learning principles. Training cycle. Effective learning environment. Ground rules. Icebreakers and Energizers.

Module 2 - Analysis: Results-Based Training. Four levels of needs assessment. Task analysis. Target audience analysis. Data collection methods.

Module 3- Design: From analysis to design. SMART Learning objectives and multiple levels of complexity. Modes of delivery. Agenda. Learning sequence. Learning strategies. Learning methods. Session plan. Planning the time.

Module 4 - Development: Training materials. Visual aids. Presentation. Flipcharts. Technology.

Module 5 - Implementation: Room setup. Preparing for facilitation. Group management. Intro to communication. Non-verbal communication. Communication blockers. Flow of a training session. Maintain a good level of attention. Debrief techniques. Providing and Receiving feedback. Active listening. Challenging situations. Co-facilitation.

Module 6 - Evaluation: Results-Based Training and the four levels of evaluation. Level II-evaluation. Level I-evaluation.

Module 7 - Inclusivity & Gender: Inclusivity & Training. Intersectionality. Gender & Training. Discrimination. Gender perspective in analysis. Burton's theory of Human Needs. Inclusive and Gender-Responsive Training Design.

Unconscious biases. Level I and II evaluation following an intersectional approach.



The course combines theoretical knowledge with practical skills development. Each module is structured to include interactive exercises, practical activities, reflection questions, case studies, visual aids, and conceptual summaries to ensure a stimulating and effective learning experience.

It is a self-paced eLearning course that you can access at a time that suits you. Upon completion, access the official UN certificate.



Learning Enthusiasts: Newcomers to training who want to learn and apply UNITAR's approach to training design.

Learning Specialists: Trainers, educators, or facilitators seeking to design and implement high-quality and effective training events.

Leaders & Professionals: Professionals from organisations working towards the Sustainable Development Goals (SDGs) who want to multiply their impact.

Organisations that want to upskill their teams in training. If you're interested in exploring how the Training of Trainers course can benefit your organisation, including pricing and different group options, please contact us at *learning.solutions [at] unitar.org (learning[dot]solutions[at]unitar[dot]org)*



The course is available in French, please access [this page](#) to register to the French course.

For instructions on how to register and pay for the course, please refer to [this guide](#).